EXERCISE AND SPORTS CARDIOLOGY (In 3 Volumes)

edited by Paul D Thompson & Antonio B Fernandez
(Hartford Hospital, USA & University of Connecticut, USA)

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Cardiac problems in athletic individuals are rare, but when they occur can be devastating. This book provides a definitive review of current practice and thinking surrounding the often difficult and life-changing practice of sports cardiology. Topics which remain a challenge for practitioners, athletes and families are investigated, including cardiovascular screening, exercise participation prescription, and prevention strategies for sudden cardiac arrest. Also given are medical guidelines for diagnosis, management and treatment of specific cardiac illnesses.

Based on their earlier work Exercise and Sports Cardiology (2001), editors Paul Thompson and Antonio Fernandez have provided an updated, improved 3-part reference work for cardiologists, physicians, coaches, trainers, medical students and researchers with a comprehensive go-to reference for modern day concerns in the expanding field of sports cardiology research and treatment.

Readership: Cardiologists, physicians, coaches, trainers, medical students and sports or cardiology researchers.
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